A comparison of PET imaging characteristics of various copper radioisotopes

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Abstract. *Purpose:* PET radiotracers which incorporate longer-lived radionuclides enable biological processes to be studied over many hours, at centres remote from a cyclotron. This paper examines the radioisotope characteristics, imaging performance, radiation dosimetry and production modes of the four copper radioisotopes, ⁶⁰Cu, ⁶¹Cu, ⁶²Cu and ⁶⁴Cu, to assess their merits for different PET imaging applications.

Methods: Spatial resolution, sensitivity, scatter fraction and noise-equivalent count rate (NEC) are predicted for 60 Cu, 61 Cu, 62 Cu and 64 Cu using a model incorporating radionuclide decay properties and scanner parameters for the GE Advance scanner. Dosimetry for 60 Cu, 61 Cu and 64 Cu is performed using the MIRD model and published biodistribution data for copper(II) pyruvaldehyde bis(N^4 methyl)thiosemicarbazone (Cu-PTSM).

Results: ⁶⁰Cu and ⁶²Cu are characterised by shorter halflives and higher sensitivity and NEC, making them more suitable for studying the faster kinetics of small molecules, such as Cu-PTSM. ⁶¹Cu and ⁶⁴Cu have longer half-lives, enabling studies of the slower kinetics of cells and peptides and prolonged imaging to compensate for lower sensitivity, together with better spatial resolution, which partially compensates for loss of image contrast. ⁶¹Cu-PTSM and ⁶⁴Cu-PTSM are associated with radiation doses similar to [¹⁸F]-fluorodeoxyglucose, whilst the doses for ⁶⁰Cu-PTSM and ⁶²Cu-PTSM are lower and more comparable with H₂¹⁵O.

Conclusion: The physical and radiochemical characteristics of the four copper isotopes make each more suited to some imaging tasks than others. The results presented here assist in selecting the preferred radioisotope for a given imaging application, and illustrate a strategy which can be extended to the majority of novel PET tracers.

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Introduction

Positron emission tomography (PET) has been developed around the positron-emitting isotopes of biologically important elements, carbon, oxygen and nitrogen (¹¹C, ¹⁵O, and ¹³N), which enable PET imaging to characterise the biodistributions of a wide range of small molecules. However, the very short half-lives of these radionuclides (20 min for ${}^{11}C$, 2 min for ${}^{15}O$, and 10 min for ${}^{13}N$) preclude their use for the study of prolonged biological processes involving, for example, protein and peptide interactions with their cellular targets. Working with such short-lived radionuclides also means that an on-site cyclotron is essential. PET radiotracers based on longer-lived radionuclides with higher atomic numbers allow the study of physiological processes over periods of many hours or days, and make it possible to carry out PET imaging at centres remote from a cyclotron. Molecular PET imaging involves the study of biological pathways at the molecular and cellular level, and many of the PET radiotracers and radioligands used to target these processes will be developed using halogen and metal PET radionuclides [1-4].

¹⁸F is by far the most commonly used of the longerlived PET radionuclides, with a half-life of 110 min which allows imaging up to several hours after production. ¹⁸F has been widely used for tumour imaging with FDG ([¹⁸F]fluorodeoxyglucose), and is also the PET nuclide most frequently investigated in the development of novel radiotracers and radioligands [2, 5].

Many of the other positron-emitting radionuclides with higher atomic numbers and longer half-lives have been investigated for both imaging and therapeutic purposes [6]

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These include the halogens, ¹²⁴I, ¹²⁰I, ⁷⁶Br, and a number of metal radionuclides. The radio-coppers have attracted considerable attention [7] because they include isotopes which, due to their emission properties, offer themselves as agents of both diagnostic imaging (⁶⁰Cu, ⁶¹Cu, ⁶²Cu and ⁶⁴Cu) and in vivo targeted radiation therapy (⁶⁴Cu and ⁶⁷Cu) [1, 8–13]. The properties and availability of these radioisotopes affect the exact applications in which they can be employed.

In this work, we examine the merits of the four copper radioisotopes, ⁶⁰Cu, ⁶¹Cu, ⁶²Cu and ⁶⁴Cu, for imaging by PET, taking into account:

- 1. The effect of the radioactive emission characteristics on imaging performance
- 2. The impact of the radioactive decay properties on patient radiation dose
- 3. Cyclotron production and availability
- 4. The impact of (a) and (b) on the design of imaging methodology

Previously reported data from our group [14] are reviewed and combined with original results on imaging performance for ⁶⁰Cu and ⁶¹Cu, where PET scanner performance is predicted from radionuclide decay properties and scanner parameters using our model [15]. The model combines the decay characteristics of a given PET radionuclide with the geometry and detection behaviours of the GE Advance PET scanner [16] to predict spatial resolution, sensitivity, scatter fraction and noise-equivalent count rate measures obtained under NEMA NU-2 1994 test conditions [17]. Radiation dosimetry estimates for ⁶⁰Cu, ⁶¹Cu and ⁶⁴Cu are presented and compared with published data for ⁶²Cu. The impact of these issues is explored in the context of the perfusion radiotracer, copper(II) pyruvaldehyde bis(N⁴-methyl)thiosemicarbazone (Cu-PTSM) [18].

Effect of the radioactive emission characteristics on imaging performance

Decay characteristics

The decay characteristics and emissions pertinent to PET imaging are summarised in Table 1 for the copper radioisotopes. For comparison, ¹⁵O and ¹⁸F are also included.

Spatial resolution

The positron range in tissue, prior to annihilation with an electron, increases with positron energy. The PET imaging process assumes that the annihilation lies along a line of response defined by the coincident photon pair, so that the annihilation registers the location of the radiation source. For a larger positron range there will be a greater discrepancy between the true and the assumed location of the positron emitter, leading to a degradation or blurring in spatial resolution. Investigations into the magnitude of this effect [24, 25] show that the relatively low positron energy of ¹⁸F produces an insignificant resolution blurring of approximately 0.1 mm. This effect becomes more prominent for medium- to high-energy positron emitters such as ¹⁵O, ⁸²Rb, ⁷⁶Br and the copper isotopes ⁶⁰Cu, ⁶¹Cu and ⁶²Cu. We have demonstrated the effect of this resolution blurring on spatial resolution for the copper isotopes using our theoretical model, as shown in Table 2.

The severity of the blurring effect increases with positron energy, as demonstrated graphically in Fig. 1a, with the tangential spatial resolution increasing from 4.7 mm for ¹⁸F to 7.2 mm for ⁶²Cu. The spatial resolution realised in the clinical setting is typically poorer than that measured under NU-2 1994 test conditions, as additional smoothing

| Table 1. Key emissions for60 Cu, 61 Cu, 62 Cu, 64 Cu, | Nuclide | Half-life (min) | Radiation | Energy (keV) | Intensity (%) | Reference |
|--|------------------|-----------------|-----------------|--------------|---------------|-----------|
| ¹⁵ O and ¹⁸ F. For β^+ , | ⁶⁰ Cu | 23.4 | β^+ | 2940 | 92 | [19] |
| energy=average of end-point | | | γ | 511 | 183 | |
| energies, weighted by intensity | | | | 467 | 4 | |
| | | | | 826 | 22 | |
| | | | | 1332 | 88 | |
| | 61 Cu | 204.5 | β^+ | 1159 | 62 | [20] |
| | | | γ | 511 | 123 | |
| | | | | 283 | 12 | |
| | | | | 589 | 1 | |
| | | | | 656 | 11 | |
| | ⁶² Cu | 9.7 | β^+ | 2925 | 93 | [21] |
| | | | γ | 511 | 155 | |
| | ⁶⁴ Cu | 761.9 | $\dot{\beta}^+$ | 657 | 17 | [22] |
| | | | γ | 511 | 35 | |
| | | | | 1346 | 1 | |
| | ¹⁵ O | 2.03 | β^+ | 1723 | 100 | [21] |
| | | | γ | 511 | 200 | |
| | 18 F | 109.8 | $\dot{\beta}^+$ | 635 | 97 | [23] |
| | | | γ | 511 | 194 | |

Table 2. Imaging performance for the copper radioisotopes compared with 18 F and 15 O, for this centre's GE Advance scanner in 2D mode. 18 F values are measured; others are predicted using the methods of Robinson [15]. Spatial resolution, scatter fraction and sensitivity are derived according to the measurement principles of the NEMA NU-2 1994 standard [17]

| Nuclide | Positron energy, weighted average of max (keV) | Positron decay fraction | Spatial resolution, centre of field of view (mm) | | Scatter fraction (%) | Sensitivity (cps/Bq/ml) |
|------------------|--|-------------------------|---|--------|----------------------|----------------------------|
| | | | Tangential | Radial | — | |
| 64 Cu | 657 | 0.17 | 4.7 | 5.0 | 10.0 | 0.98 |
| 61 Cu | 1159 | 0.62 | 5.1 | 5.4 | 11.0 | 3.43 |
| ⁶⁰ Cu | 2194 | 0.92 | 6.3 | 6.6 | 10.8 | 5.23 |
| ⁶² Cu | 2925 | 0.97 | 7.2 | 7.4 | 10.0 | 5.50 |
| ¹⁵ O | 1723 | 1.00 | 5.8 | 6.0 | 10.0 | 5.62 |
| 18 F | 635 | 0.97 | 4.7 | 5.0 | 10.0 | 5.44 |

is used routinely in image reconstruction and the tissues of interest are not generally at the centre of the field of view.

Sensitivity, scatter fraction and noise-equivalent count rate

The dominant effect on sensitivity and count rate is the positron decay fraction, which directly affects the rate of true coincidences as a lower positron decay fraction results in fewer annihilation events per MBq. There are additional, smaller effects arising from associated gamma rays, emitted promptly as the daughter nucleus de-excites during the electron capture or positron emission process. These associated gammas may be emitted at several energies and some may be detected within the coincidence energy window of the scanner (300–650 keV), in addition to the pairs of annihilation gammas. Detection of associated gammas

may reduce the coincidence count rate performance in one of three ways:

- 1. Triple events: the associated gamma is detected simultaneously with an annihilation pair, causing a triple event which the GE Advance rejects, reducing sensitivity
- 2. Additional random events: an annihilation gamma and an associated gamma from a separate decay, or two separate associated gamma rays, are detected in coincidence
- 3. Additional scatter-like events: one of a pair of annihilation gammas is detected in coincidence with an associated gamma ray from the same decay

The impact of the above effects on sensitivity and measured scatter fraction is shown in Table 2. The sensitivity values for ⁶⁰Cu, ⁶²Cu and ¹⁵O are similar to that for ¹⁸F, primarily because they have positron decay fractions close to unity. In contrast, the sensitivity is



Fig. 1. a Variation of tangential spatial resolution with positron energy. b Variation of sensitivity with positron decay fraction. 18 F values were measured; values for the copper isotopes and 15 O were derived using Robinson's model [15]



Fig. 2. Predicted variation of NEC rate with activity concentration for ⁶⁰Cu, ⁶¹Cu, ⁶²Cu, ⁶⁴Cu and ¹⁵O, compared with a fit to measured data for ¹⁸F. Data were derived using the model of Robinson [15]

reduced for ⁶¹Cu and more considerably so for ⁶⁴Cu. The observed relationship between sensitivity and positron decay fraction is shown in Fig. 1b. The scatter fractions are not significantly affected, all being similar to the 10% value for ¹⁸F. The slightly higher scatter fractions for ⁶⁰Cu and ⁶¹Cu result from the contributions of the associated gammas.

The variation of noise equivalent count rate (NEC) with activity concentration provides a more comprehensive assessment of the impact on imaging performance of the decay characteristics and consequent effects. NEC takes into account the relative contributions of the rates of true (*T*), random (*R*) and scattered (*S*) coincidences, and is directly related to signal to noise ratio [26]. NEC= $T/(1+S/T+2k_0R/T)$, where k_0 is the proportion of the projection covered by the object. Using our model, NEC curves for ⁶⁰Cu, ⁶¹Cu, ⁶²Cu, ⁶⁴Cu and ¹⁵O have been determined for a GE Advance scanner in 2D mode, as shown in Fig. 2.

For all the nuclides shown, the NEC curves demonstrate an initial rise in total and scattered event rates in proportion to activity, which departs from linearity at approximately 20 kBq/ml as the randoms fraction becomes increasingly significant, and eventually turns over due to deadtime effects. The magnitudes of the curve gradients are primarily in proportion to the positron decay fraction. The peak NEC (and hence, peak signal to noise ratio) occurs at a lower activity concentration for nuclides associated with a higher sensitivity measurement; this is approximately 150 kBq/ml for ⁶²Cu, ¹⁵O and ¹⁸F, 240 kBq/ml for ⁶¹Cu and 820 kBq/ ml for ⁶⁴Cu. The peak height for ⁶⁰Cu is slightly lower, due to coincident detection of direct and scattered associated gammas increasing the scatter and random contributions.

Dosimetric considerations

When performing radionuclide imaging studies of humans, it is necessary to strike a balance between administering enough activity to achieve high-quality image data and minimising radiation dose. The radiation dose from an administered radiotracer is dependent upon the radionuclide half-life and emission characteristics, and the biodistribution of the radiotracer compound. If a particular compound is labelled with different radionuclides, the radiation dose will vary according to the properties of the radionuclide.

Of the copper isotopes, ⁶²Cu has been most extensively used for imaging as a radiolabel for the perfusion agent, PTSM. We have used published ⁶²Cu-PTSM biodistribution data [27] to calculate the radiation doses for PTSM labelled with the other copper radioisotopes ⁶⁰Cu, ⁶¹Cu, and ⁶⁴Cu. Radioactive decay data were obtained from tables of isotopes [28], and the calculations performed according to the MIRD (Medical Internal Radiation Dose) schema [29] using the software package MIRDOSE3 (Oakridge Associated Universities, Oak Ridge, TN) and Sfactors determined by Stabin [personal communication, 2001]. The published work shows that Cu accumulates slowly in the liver over the hour following injection [27], so our analysis estimated the residence time in liver from the maximum accumulated activity and radioactive halflife. In vivo studies over a longer time period would be necessary to validate this assumption, as it may otherwise lead to an underestimation of the patient dose.

Table 3 shows the calculated effective and critical organ doses for PTSM labelled with each of the copper isotopes, together with values for $H_2^{15}O$ and ${}^{18}FDG$. ${}^{60}Cu$ -, ${}^{61}Cu$ -and ${}^{64}Cu$ -PTSM result in higher effective doses than ${}^{62}Cu$ -PTSM. The radiation dose associated with ${}^{62}Cu$ -PTSM is of the same order as that for $H_2^{15}O$, while ${}^{61}Cu$ -PTSM is comparable with that for ${}^{18}FDG$ at 1.9 mSv/100 MBq, and ${}^{64}Cu$ -PTSM gives the highest effective dose of 3.8 mSv/100 MBq. It is apparent that the higher doses from ${}^{60}Cu$, ${}^{61}Cu$ and ${}^{64}Cu$ are primarily due to their longer half-lives rather than to the intensity of their positron

Table 3. Calculated radiation doses for Cu-PTSM labelled with⁶⁰ Cu, ⁶ Cu and ⁶⁴ Cu together with previously published values for ⁶² Cu-PTSM [27]. Values are also shown for ¹⁸ FDG and H_2^{15} O for comparison. Physical half-lives and positron decay fractions shown from Table 2 are shown for ease of reference

| Tracer | Physical half-life (min) | Positron decay fraction | Effective dose per 100 MBq (mSv) | Critical organ | Critical organ dose per 100 MBq (mGy) |
|--------------------------------|-----------------------------|-------------------------|-------------------------------------|-------------------|---|
| 62 Cu-PTSM | 9.7 | 0.92 | 0.36 | Liver | 2.4 |
| 60 Cu-PTSM | 23.4 | 0.17 | 1.1 | Liver | 6.1 |
| 61 Cu-PTSM | 204.5 | 0.62 | 2.5 | Liver | 16 |
| 64 Cu-PTSM | 761.9 | 0.97 | 3.8 | Liver | 20 |
| [¹⁸ F]FDG | 109.8 | 0.97 | 1.9 [30] | Bladder | 7.3 [31] |
| H ₂ ¹⁵ O | 203 | 1.00 | 0.1 [30] | Heart | 0.19 [30] |

emissions. ⁶⁴Cu also has a negative beta decay branch (branching ratio=39%), and as β -particles have a relatively high linear energy transfer, they will contribute substantially to the higher radiation dose.

Production of copper isotopes and radiotracers

⁶⁰Cu, ⁶¹Cu and ⁶²Cu are proton-rich nuclides and decay to their respective stable Ni isotopes through a combination of positron decay and electron capture processes. They can all be produced on a medical cyclotron using proton- or deuteron-induced reactions on enriched Ni targets (⁶⁰Ni, ⁶¹Ni, ⁶²Ni). ⁶²Cu can also be produced indirectly through its parent ⁶²Zn in a ⁶²Zn/⁶²Cu generator system. ⁶⁴Cu is a highly unusual isotope because it decays by three processes, namely positron, electron capture and beta decays. This property allows either cyclotron or reactor production, with the latter route resulting in either low specific activity (n,γ) or high specific activity (n,p) products. Production data for the copper radionuclides are summarised in Table 4.

Extraction of each of the copper isotopes from the target takes approximately 45 minutes using ion exchange chromatography. For ⁶²Cu this is longer than four half-lives ($t_{1/2}$ =9.7 min), and although very high yield is possible, this would necessitate initiating the radiochemistry with very high activity levels. Producing ⁶²Zn to make a ⁶²Zn/⁶²Cu generator system is the preferred option, reducing the levels of radioactivity that need to be manipulated and allowing ⁶²Cu to be eluted as required. Current ⁶²Zn/⁶²Cu generators can start with ⁶²Zn activities of 5–6 GBq, 93% of this activity being released as ⁶²Cu in the first 3.2 ml of eluate [38]. The 9.3-h half-life of ⁶²Zn enables a patient

| Table 4. | Production | data | for | copper | radionu | clides |
|----------|------------|------|-----|--------|---------|--------|
|----------|------------|------|-----|--------|---------|--------|

dose of 62 Cu-PTSM to be produced every 30 min for a full working day [40].

Copper isotopes can be used for labelling a wide range of compounds. Small molecules such as PTSM and copper (II) diacetyl bis(N^4 -methyl)thiosemicarbazone (Cu-ATSM) [41] are tagged using metal-essential chemistry, and larger peptides and proteins labelled using cyclic polyamine chelators to enable metal coupling [1]. Metal-essential radiolabelling is rapid and efficient, as demonstrated by the synthesis of Cu-PTSM, which takes less than 5 min to complete and has an efficiency of more than 92% [38]. Of the copper isotopes considered here, only ⁶²Cu decays significantly during this period. Metal coupling radiolabelling is more complex and time consuming [1, 42, 43], and is better suited to isotopes with longer half-lives.

Impact on imaging methodology

Imaging characteristics

Decay characteristics impact on how a particular radionuclide can be used for an imaging investigation, although the magnitude of this impact will depend on the particular biochemical or physiological process under study, as well as on the biokinetics and specifics of trapping of the tracer compound.

The physical half-life dictates the time scale over which the tracer biodistribution can be visualised, which must be matched to the tracer kinetics and available imaging time. The biodistribution of smaller Cu-labelled tracer molecules, such as Cu-PTSM, is established rapidly and could therefore be studied adequately using the shorter-lived isotopes, ⁶⁰Cu ($t_{1/2}$ =23.4 min) or ⁶²Cu ($t_{1/2}$ =9.7 min). The

| | Isotope | Reaction | Incident beam energy (MeV) | Target enrichment (%) | Yield at EOB or recovery* (MBq/µAh or MBq/mg*) | Reference |
|-------------|------------------------------------|---|-------------------------------|-----------------------|---|-----------|
| Cyclotron | ⁶⁰ Cu | ⁶⁰ Ni(p,n) ⁶⁰ Cu | 11 | ND | 370 | [32] |
| | 61Cu | ⁶¹ Ni(p,n) ⁶¹ Cu | 19 | 88.8 | 573 ^a | [33] |
| | ⁶² Cu | ⁶² Ni(p,n) ⁶² Cu | 5–14 | 97.0 | 19800 ^a | [34] |
| | ⁶⁴ Cu | ⁶⁴ Ni(p,n) ⁶⁴ Cu | 12 | 94.8 | 243 ^b | [35] |
| | | ⁶⁴ Ni(d,2n) ⁶⁴ Cu | 19 | 96.4 | 388 ^b | [36] |
| | | Zn(p,xn) ⁶⁴ Cu | ND | Natural Zn | 67 | [37] |
| Cyclotron + | ⁶² Zn/ ⁶² Cu | ⁶³ Cu(p,2n) ⁶² Zn | 34, 47 | Natural Cu | 417 ^c | [38] |
| generator | | ⁶⁵ Cu(p,4n) ⁶² Zn | 58 | | | |
| Reactor | ⁶⁴ Cu | 64 Zn(n,p) 64 Cu 63 Cu(n, γ) 64 Cu | 1.8 ^e (fast) ND | 99.9 Natural Cu | 14.5 ^d ND | [39] |

ND data not available

^aPredicted yield

^bMaximum of results

^cTotal from three target positions

^dMean of results

^eApproximate minimum neutron energy

physical half-life of ⁶²Cu restricts imaging to less than an hour following injection, but this has the advantage of allowing several repeat scans in quick succession, which can be used to evaluate response to a number of physiological or pharmacological stimuli [44]. The short halflife also offers the opportunity of dual tracer work, whereby a ⁶²Cu-labelled radiotracer study can be followed immediately by a different radiotracer study to provide complementary information on a related process. The longer-lived copper isotopes, ⁶¹Cu ($t_{1/2}$ =3.4 h) and ⁶⁴Cu ($t_{1/2}$ =12.7 h), can be used to study the slower kinetics of larger proteins, such as peptides and antibodies, or cells.

As in any imaging situation, it is always necessary to maintain a balance between sensitivity and resolution. It can be seen from Fig. 1 that ¹⁸F is close to the ideal case amongst the radioisotopes discussed here, having both high sensitivity (5.44 cps/Bq/ml) and the lowest spatial resolution (tangential=4.7 mm). For the copper isotopes and ¹⁵O, one or both of these properties are compromised. For example, the spatial resolution of ⁶⁴Cu (radial=5.0 mm) is similar to that for ¹⁸F because of their similar positron energies, but ⁶⁴Cu has the lowest sensitivity (0.98 cps/Bq/ ml) due to its low positron decay fraction. These differences do not preclude successful imaging, but must be carefully taken into account when designing the imaging methodology. The higher sensitivities associated with ⁶²Cu and ⁶⁰Cu offer shorter data acquisition periods for the same administered activity. If ⁶¹Cu and ⁶⁴Cu are deemed appropriate for other reasons, then longer acquisition times can compensate provided tracer kinetic information is not compromised and patient tolerability permits. It is also necessary to increase imaging times for isotopes which emit higher energy positrons and are consequently associated with poorer spatial resolution, in order to improve counting statistics and maintain lesion detectability. Simulations by Muellehner show that the number of detected events should be increased fourfold for each 2-mm increase in spatial resolution [45].

The activity at which image quality is optimised in terms of noise characteristics can be determined for a particular nuclide from the activity concentration at which the peak NEC value occurs. Although the concentrations at which the NEC curves in Fig. 2 peak are not reached in patient studies, the ordering of the NEC curves at lower concentrations can still be used as an indicator of relative image quality. These data are directly related to the positron decay fraction and measured sensitivity, but do not take spatial resolution into account.

For a given radionuclide, the trade-off between total counts and spatial resolution can be evaluated using a phantom which simulates the radiotracer biodistribution for a particular clinical application. Such phantom studies can also be used to evaluate various means of compensating for variations in spatial resolution, such as modification of the region of interest size used in image analysis [46, 47] or recovering the 'lost' resolution using advanced EM reconstruction algorithms [48].

Dosimetry

All studies resulting in a radiation dose to humans are subject to regulatory limitations on the levels of activity which can be administered. This can impose compromises on methodologies designed with the sole aim of optimising imaging characteristics, although in some cases it may be possible to justify the additional risk of radiation-induced disease or damage associated with a higher administered activity. One such example is the use of PET studies for evaluating the pharmacokinetics and pharmacodynamics of new anti-cancer agents in the terminally ill. Therefore, the choice of isotope need not depend solely on the information required from the imaging technique; rather, it may also depend on the nature of the clinical application. For tracers with slower kinetics, it may also be possible to compensate for a lower administered dose by extending the imaging period, providing this can be tolerated by the subject.

In the case of perfusion studies with Cu-PTSM, it can be seen from Table 3 that the use of 62 Cu-PTSM should be considered first to achieve the lowest possible radiation burden. However, as the concentration of radioactive Cu in tissue reaches a plateau approximately 5 min after injection [49] which is proportional to blood flow for all but the highest flow rates (>10 ml·min⁻¹·100 g) [50], measures of perfusion could still be obtained using 60 Cu, 61 Cu or 64 Cu if 62 Cu is not readily available.

Availability

The availability of particular copper isotopes is often the ultimate limiting factor in designing an imaging methodology. As is seen from Table 4, the availability of copper isotopes is dictated by the proximity of a reactor or a cyclotron to the investigational centre, and even the energy and composition of the cyclotron beam. In addition to the cyclotron, suitable facilities are required for the safe and efficient extraction of the radioisotope from the target. The 62 Zn/ 62 Cu generator is a practical solution for centres at some distance from laboratories with a reactor or cyclotron,

although ⁶⁴Cu ($t_{1/2}$ =12.7 h) can be shipped over considerable distances.

Conclusion

PET imaging is possible with all of the copper isotopes, ⁶⁰Cu, ⁶¹Cu, ⁶²Cu and ⁶⁴Cu. Each has its own particular characteristics which make it more or less preferable for a given application.

The shorter half-lives and higher positron decay fractions of ⁶⁰Cu and ⁶²Cu make them suitable for characterising the faster kinetics of smaller tracer molecules, such as Cu-PTSM or Cu-ATSM. The longer half-lives of ⁶¹Cu and ⁶⁴Cu are better suited to studying the slower kinetics of labelled peptides, antibodies and cells. Their longer halflives also permit an extended imaging period to compensate for the lower sensitivity associated with these isotopes, although the loss of image contrast due to poorer counting statistics is partially compensated by better spatial resolution. In the case of Cu-PSTM, ⁶¹Cu and ⁶⁴Cu are associated with a radiation dose per unit activity of similar magnitude to that for ¹⁸FDG. The radiation burden for ⁶⁰Cu-PTSM or ⁶²Cu-PTSM is considerably lower, and more comparable with that for H₂¹⁵O.

The various characteristics and modes of production of ⁶⁰Cu, ⁶¹Cu, ⁶²Cu and ⁶⁴Cu have been described here, including the imaging performance, radiation dosimetry and availability. Imaging performance and dosimetry results presented here make it possible to decide on the best imaging methodology for a given application using one of these radioisotopes. The strategy of relating isotope decay characteristics to imaging performance and radiation dosimetry is more widely applicable, being valuable in guiding labelling and imaging strategies for the majority of novel PET tracers.

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